










WEEKLY MENU PLAN

 <p>MONDAY</p>	 <p>TUESDAY</p>	 <p>WEDNESDAY</p>	 <p>THURSDAY</p>
 <p>FRIDAY</p>	 <p>SATURDAY</p>	 <p>SUNDAY</p>	
 <p>USE UP BEFORE EXPIRATION</p>		 <p>STILL NEED</p>	