

What kind of learner are you?

This questionnaire has been adapted from: <http://vark-learn.com/the-vark-questionnaire/>

Students can complete the questionnaire/s online for a generation of results.

Choose the answer which best explains your preference and tick the box next to it. Tick more than one if a single answer does not match your perception. Leave blank any question that does not apply.

I like websites that have:

- interesting written descriptions
- things I can click on or try.
- audio channels where I can hear music
- interesting images

You are watching a video showing you how to plant tomatoes. There is a person speaking, some lists and words describing what to do and some diagrams. You would learn most from:

- listening.
- reading the words.
- seeing the diagrams.
- watching the actions.

You are going to cook something as a special treat. You would:

- cook something you know
- look in some cookbooks for ideas from the pictures
- ask friends for suggestions
- use a cookbook where you know there is a good recipe.

You have a problem with your heart. You would prefer that the doctor:

- used a plastic model to show what was wrong.
- showed you a diagram of what was wrong.
- gave you something to read to explain what was wrong.
- described what was wrong.

You have to make an important speech at a wedding. You would:

- write a few key words and practise saying your speech over and over.
- gather many examples and stories to make the talk real and practical.
- make diagrams or get graphs to help explain things.
- write out your speech and learn from reading it over several times.

You have finished a test and would like some feedback. You would like to have feedback:

- using graphs showing what you had achieved.
- using a written description of your results.
- from somebody who talks it through with you.
- using examples from what you have done.

Do you prefer a tutor or a presenter who uses:

- handouts, books, or readings.
- question and answer, talk, group discussion, or guest speakers.
- demonstrations, models or practical sessions.
- diagrams, charts or graphs.

You want to learn a new program, skill or game on a computer. You would:

- talk with people who know about the program.
- read the written instructions that came with the program.
- follow the diagrams in the book that came with it.
- use the controls or keyboard.

You are about to purchase a digital camera or mobile phone. Other than price, what would most influence your decision?

- Reading the details or checking its features online.
- Trying or testing it.
- It is a modern design and looks good.
- The salesperson telling me about its features.

Other than price, what would most influence your decision to buy a new non-fiction book?

- Quickly reading parts of it.
- A friend talks about it and recommends it.
- It has real-life stories, experiences and examples.
- The way it looks is appealing.

You are helping someone who wants to go to your airport, the center of town or railway station. You would:

- write down the directions.
- tell her the directions.
- draw, or show her a map, or give her a map.
- go with her.

You are planning a vacation for a group. You want some feedback from them about the plan. You would:

- give them a copy of the printed itinerary.

- phone, text or email them.
- describe some of the highlights they will experience.
- use a map to show them the places.

You are going to choose food at a restaurant or cafe. You would:

- choose something that you have had there before.
- listen to the waiter or ask friends to recommend choices.
- choose from the descriptions in the menu.
- look at what others are eating or look at pictures of each dish.

A group of tourists wants to learn about the parks or wildlife reserves in your area. You would:

- take them to a park or wildlife reserve and walk with them.
- show them maps and internet pictures.
- talk about, or arrange a talk for them about parks or wildlife reserves.
- give them a book or pamphlets about the parks or wildlife reserves.

Remember a time when you learned how to do something new. Avoid choosing a physical skill, eg. riding a bike. You learned best by:

- watching a demonstration.
- listening to somebody explaining it and asking questions.
- diagrams, maps, and charts - visual clues.
- written instructions - e.g. a manual or book.