

Level 2

Nonverbal Communication

Extras for the Tutors / Teachers

*Please note that I have not developed these. Links and sources have been included where available. There are suggestions in the Student Workbook when these activities can be carried out.

Nonverbal Communication Activity - Gesture and Movement

Gesture and Movement- INSTRUCTOR OVERVIEW

Materials Instructions handout and envelope (see below).

Preparation Cut out individual instructions.

Procedure Cut out the messages below and place them in an envelope. For multiple groups create multiple sets. Instruct participants to select 2 or 3 messages from the envelope, choose one and act it out for the group. If they are unsuccessful after a few attempts, they put the message back in the envelope and pass it on to the next participant. If they are successful, they keep that message out of the envelope. Participants can take turns until all the messages have been successfully delivered.

Discussion Invite participants to share which messages were easy and difficult to encode and decode.

Source and Copyright Remland, M. (2000). *Gesture and Movement as Iconic Communication Activity*. Unpublished manuscript, West Chester University.

Gesture and Movement Communication Activity - CUT OUT FOR PARTICIPANT ENVELOPES -

Do you know what time is it?

Can you tell me where I can get a room for the night?

Can you give me a ride into town? I'm willing to pay you.

Is there a restroom around here?

I'd like to get something to eat. Where is the closest restaurant?

Where can I get a drink of water?

Is there a chemist around here?

How do I get to the bus station from here?

Do you know where the bank is?

Can you tell me how to get to the hospital?

How much does this cost?

I need to get some cash. Is there an ATM machine close by?

Can you help me put this box into my car?

Where is the nearest supermarket?

I'm looking for a map of this town. Do you know where I can get one?

Can you tell me where the post office is?

I'm not sure where I am. Can you tell me the name of this town?

My car is almost out of petrol. Is there a petrol station around here?

Have you seen a small dog out here?

Is there a bookshop around here?

Do you sell alcoholic beverages?

Is there a cinema in town?

References

<http://homeworktips.about.com/od/mindandbody/a/nonverbal.htm>

http://www.creducation.org/resources/Core_Nonverbal_Comm_Concepts.doc



Nonverbal Communication Exercise - Dialogue

Students work in pairs on a scripted dialogue.

First, student B replies silently to half of the dialogue read by student A, then A replies to the other half of the dialogue. Both students become familiar with the dialogue then act out the whole dialogue using expressions, gestures and posture. Give plenty of time for thought and rehearsal, remind students to stand up to practise posture and whole body language.

Dialogue:

A Excuse me. Can you take a picture of me?

B Yeah, sure.

A Just press that button.

B Er, which one?

A The one on the top.

B OK, right. Er... can you move back a bit.

A Is this OK?

B Fine, now smile. That's it. Very nice.

A Thanks.

B Not at all. You've got a lovely smile. Er... fancy a drink?

A OK, but I've got no money on me.

B That's OK. I'll pay.



Reference:

http://www.developingteachers.com/articles_tchtraining/nonverbalp f.htm

The Nonverbal Communication Card Game: Facial Expressions - **INSTRUCTOR OVERVIEW**

Objective	To obtain experience encoding and decoding various facial expressions.
Materials	Deck of cards and handout
Preparation	Aside from the handout below, you'll need to prepare a deck of cards - 40 cards numbered on one side from 1-40.
Procedure	First, divide the class into small groups: with 5-person groups, each person gets 8 cards; with 6-person groups, each person gets 6 cards (discard the 4 extra cards); with 7-person groups, each person gets 5 cards (discard 5 extras); and so on. After the cards are dealt, distribute the handout below to each student. Go over the instructions.
Discussion	After the allotted time (or when most groups are done), ask for reactions to the game: Was it more or less difficult than they thought it would be? Were some facial expressions more difficult to do or interpret than others? Were <i>blends</i> more difficult than single expressions? Was there agreement on facial gestures such as "I'm bored," "I'm thinking," or "I'm skeptical?"
Source and Copyright	Remland, M., and Neal, K. (2004). <i>Teaching nonverbal communication</i> . Boston: Houghton Mifflin.

The Nonverbal Communication Card Game: Facial Expression Version

PARTICIPANT HANDOUT

Directions

In this card game, your two goals are to (1) get rid of all the cards in your hand and (2) decode as many facial expressions as you can. Each person in your group will take a turn using a single facial expression to send one of the messages on the cards you have in your hand. After each person in your group “makes a face” to send one of the messages, record what you think the message is (code number) on the scoring sheet to the right. If the facial expression is successfully decoded by more than half the group, the sender can discard only that card. If not, the sender must keep the card. *After each individual turn, everyone will pass a card to the person on their immediate left.* The game ends as soon as someone gets rid of all their cards. The first person to get rid of all their cards is the best sender; the person with the highest score is the best receiver.



Message	Code Number	Decoding Score
I'm angry	1	1. _____
I'm sad	2	2. _____
I'm happy	3	3. _____
I'm surprised	4	4. _____
I'm disgusted	5	5. _____
I'm afraid	6	6. _____
I'm ashamed	7	7. _____
I'm interested	8	8. _____
I'm skeptical	9	9. _____
I'm confused	10	10. _____
I'm bored	11	11. _____
I'm thinking	12	12. _____
I'm superior	13	13. _____
I'm happy and surprised	14	14. _____
I'm surprised and afraid	15	15. _____
I'm angry and disgusted	16	16. _____
I'm sad and disgusted	17	17. _____
I'm surprised and angry	18	18. _____
I'm angry and happy	19	19. _____
NEUTRAL	20	20. _____
		21. _____
		22. _____
		23. _____
		24. _____
		25. _____
		26. _____

Reference:

https://www.google.ie/url?sa=t&rct=j&q=&esrc=s&source=web&cd=5&cad=rja&uact=8&ved=0ahUKEwjOxKjCvtbJAhUChw8KHfJjCzkQFgg-MAQ&url=http://3A/2F/2Fwww.creducation.org/2Fresources/2FCore_Nonverbal_Comm_Concepts.doc&usg=AFQjCNGXbFxWmfTaBWI6yEfWHCpyj4WHkw&bvm=bv.109910813,d.ZWU

Nonverbal Communication Activity - Voice Version

In groups, show these by using the tone/s of your voice only. Say numbers 1 to 5 using the appropriate tone/s. Others must guess what you are trying to convey by identifying the code numbers. (see below)

Your tutor may hand out cards with these messages.

Code (Decoding)	Message (Encoding)
1	Angry
2	In pain
3	Secretive
4	Old
5	Aggressive
6	Depressed
7	Afraid/Nervous
8	Irish Accent
9	Cold (freezing)
10	In a hurry
11	Happy
12	Childish
13	New York Accent
14	Conceited (snobbish)
15	Weak/Timid
16	Winded (exhausted)
17	Friendly
18	Ill/Sick
19	Foreign Accent
20	Disgusted
21	Excited
22	Bored
23	Giving a Speech (performing)
24	None of the above (neutral)



Nonverbal Communication Activity - Gesture

In groups, show these by using gesture only. Others must guess what you are trying to convey by identifying the code numbers. Tutors may hand out message cards for you to use.

Code (Decoding)	Message (Encoding)	Answer Sheet
1	Good luck	1. _____
2	I'm warning you	2. _____
3	It's cold	3. _____
4	Hurry up	4. _____
5	I can't hear you	5. _____
6	I think I'm going to be sick	6. _____
7	OK	7. _____
8	That sucks	8. _____
9	You're kidding me	9. _____
10	I've had it (I'm fed up)	10. _____
11	He/she's great looking	11. _____
12	Nice job (well done)	12. _____
13	Back off	13. _____
14	I doubt it	14. _____
15	Shame on you	15. _____
16	That was delicious	16. _____
17	I feel so sorry for him (sarcastically)	17. _____
18	That was a close call	18. _____
19	Get out of here	19. _____
20	Do you have any money?	20. _____
21	Shut up	21. _____
22	Follow me	22. _____
23	Come here	23. _____
24	We won!	24. _____
25	I don't know	25. _____
26	I've got a headache	26. _____
27	Do you want to say something?	27. _____
28	No way!	28. _____
29	I'm stuffed (I ate too much)	29. _____
30	Stop	30. _____
31	What time is it?	31. _____
32	Stay here	32. _____
33	I'm really smart	33. _____
34	How could I be so dumb	34. _____
35	The hell with you	35. _____
36	She's crazy	36. _____
37	Calm down	37. _____