



How do you like to work and learn?

Imagine that you are learning something new.

Name:

<p>Where Do you prefer: (tick up to 4 boxes)</p> <ul style="list-style-type: none"><input type="checkbox"/> Noise (e.g. music/TV)<input type="checkbox"/> Silence<input type="checkbox"/> Bright light<input type="checkbox"/> Dim or soft light<input type="checkbox"/> A hot room<input type="checkbox"/> A warm room<input type="checkbox"/> A cool room<input type="checkbox"/> A cold room<input type="checkbox"/> To be outside for some of the time<input type="checkbox"/> Other <p>You Do you prefer to: (tick up to 3 boxes)</p> <ul style="list-style-type: none"><input type="checkbox"/> Sit at a desk<input type="checkbox"/> Sit in a comfy chair<input type="checkbox"/> Lay down on the floor/bean -bag<input type="checkbox"/> Get up and move about<input type="checkbox"/> Stay still in one place<input type="checkbox"/> Eat (snacks) as you work<input type="checkbox"/> Other <p>Getting Started, Keeping Going Do you: (tick up to 3 boxes)</p> <ul style="list-style-type: none"><input type="checkbox"/> Find it is easy to start<input type="checkbox"/> Need a time target<input type="checkbox"/> Continue with a task until it's done<input type="checkbox"/> Do several jobs at once<input type="checkbox"/> Stick at one job until it's done<input type="checkbox"/> Get easily distracted<input type="checkbox"/> Other	<p>When Do you prefer to learn: (tick up to 3 boxes)</p> <ul style="list-style-type: none"><input type="checkbox"/> Early morning<input type="checkbox"/> Mid - morning<input type="checkbox"/> Afternoon<input type="checkbox"/> Evening<input type="checkbox"/> Late evening<input type="checkbox"/> Night<input type="checkbox"/> Other <p>How When you are learning, do you prefer: (tick up to 8 boxes)</p> <ul style="list-style-type: none"><input type="checkbox"/> To learn in small steps<input type="checkbox"/> To get the 'Big Picture' first<input type="checkbox"/> To have time to reflect<input type="checkbox"/> To work alone<input type="checkbox"/> To work in pairs<input type="checkbox"/> To work in a team<input type="checkbox"/> To read<input type="checkbox"/> To listen<input type="checkbox"/> To see (e.g. demonstration)<input type="checkbox"/> To have a go yourself<input type="checkbox"/> To talk to others<input type="checkbox"/> To self-talk<input type="checkbox"/> To write<input type="checkbox"/> To doodle<input type="checkbox"/> To fiddle<input type="checkbox"/> Other
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